

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENW

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bonvoisin Ann HEADCOACH

Coaches: Wégria Bernard

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:14, starttime: 09:11

Heat: 14/16 Lane : 3 Athlete: ABDELKHALEK LINA					Q-time: 02:27:44
PB (50m pool): 02:30.95 Antwerpen 17/05/2026					PB (25m pool): 02:38.61 SB: 02:30.95 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.12	01:11.05	01:54.96	02:30.95	
	00:31.12	00:39.93	00:43.91	00:35.99	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+ Heat:2, starttime: 09:24

Heat: 2/7 Lane : 4 Athlete: JAENEN PER					Q-time: 02:40:85
PB (50m pool): 02:40.85 Seraing 22/03/2026					PB (25m pool): 02:36.82 SB: 02:40.85 Seraing 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.04	01:17.25	01:59.89	02:40.85	
	00:37.04	00:40.21	00:42.64	00:40.96	
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+ Heat:4, starttime: 10:09

Heat: 4/13 Lane : 5 Athlete: CHAU DUARTE					Q-time: 01:06:21
PB (50m pool): 01:06.21 Charleroi 15/02/2026					PB (25m pool): 01:06.55 SB: 01:06.21 Charleroi 15/02/2026
	5 0 M	1 0 0 M			
PB	00:32.21	01:06.21			
	00:32.21	00:34.00			
					

Coach feedback:

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Event number: 43: 800M FREESTYLE MEN 15-16							Heat:2, starttime: 13:02	
Heat: 2/2 Lane : 2 Athlete: COUNARD MATéo							Q-time: 09:12:77	
PB (50m pool): 09:12.77 La Louvière 08/02/2026			PB (25m pool): 09:00.71SB: 09:12.77 La Louvière 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.34	01:04.01	01:38.68	02:13.68	02:48.84	03:23.75	03:58.68	04:33.57
	00:30.34	00:33.67	00:34.67	00:35.00	00:35.16	00:34.91	00:34.93	00:34.89
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:08.79	05:44.28	06:19.64	06:55.11	07:30.10	08:05.44	08:39.90	09:12.77
	00:35.22	00:35.49	00:35.36	00:35.47	00:34.99	00:35.34	00:34.46	00:32.87
								

Coach feedback:

Event number: 43: 800M FREESTYLE MEN 15-16							Heat:2, starttime: 13:02	
Heat: 2/2 Lane : 8 Athlete: CHAU DUARTE							Q-time: 09:23:73	
PB (50m pool): 09:23.73 Ottignies Louvain-La-Neuve 07/06/2026PB (25m pool): no time SB: 09:23.73 Ottignies Louvain-La-Neuve 07/06/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.32	01:04.99	01:39.34	02:13.07	02:48.14	03:23.74	03:59.51	04:35.68
	00:31.32	00:33.67	00:34.35	00:33.73	00:35.07	00:35.60	00:35.77	00:36.17
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:11.88	05:48.52	06:24.44	07:00.72	07:36.15	08:12.20	08:48.53	09:23.73
	00:36.20	00:36.64	00:35.92	00:36.28	00:35.43	00:36.05	00:36.33	00:35.20
								

Coach feedback:

Event number: 44: 800M FREESTYLE WOMEN 15-16							Heat:2, starttime: 13:23	
Heat: 2/2 Lane : 7 Athlete: ABDELKHALEK LINA							Q-time: 09:35:60	
PB (50m pool): 09:41.55 Charleroi 15/02/2026			PB (25m pool): 10:00.31SB: 09:41.55 Charleroi 15/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.37	01:07.50	01:43.05	02:19.06	02:55.11	03:31.51	04:07.28	04:44.03
	00:32.37	00:35.13	00:35.55	00:36.01	00:36.05	00:36.40	00:35.77	00:36.75
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:20.60	05:57.97	06:35.37	07:13.03	07:50.33	08:27.96	09:05.01	09:41.55
	00:36.57	00:37.37	00:37.40	00:37.66	00:37.30	00:37.63	00:37.05	00:36.54
								

Coach feedback: